


The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.



This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-480-583-4588 or visit www.MyAmeriBen.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.MyAmeriBen.com or call 1-480-583-4588 to request a copy.

| Important Questions | Answers | | | Why This Matters: |
|---|--|-------------------------------|---------------------------|--|
| What is the overall deductible? | | HonorHealth and BCBSAZ | <u>Non-Network</u> | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> . |
| | Per participant: | \$3,200 | \$3,600 | |
| | Per family: | \$6,400 | \$7,200 | |
| Are there services covered before you meet your deductible? | Yes. <u>Preventive services</u> and breast pumps/supplies. | | | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ . |
| Are there other deductibles for specific services? | No. | | | You don't have to meet <u>deductibles</u> for specific services. |
| What is the <u>out-of-pocket limit</u> for this <u>plan</u>? | | HonorHealth and BCBSAZ | <u>Non-Network</u> | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met. |
| | Per participant: | \$6,450 | Unlimited | |
| | Per family: | \$12,900 | Unlimited | |

| | | |
|--|---|---|
| What is not included in the <u>out-of-pocket limit</u>? | <u>Premiums</u> , <u>balance-billed</u> charges, health care expenses this <u>plan</u> does not cover, charges in excess of annual maximum benefits, a penalty for failure to obtain precertification, and <u>non-network cost sharing</u> (except for emergency) do not count toward the <u>out-of-pocket limit</u> . | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> . |
| Important Questions | Answers | Why This Matters: |
| Will you pay less if you use a <u>network provider</u>? | <p>Yes, for medical: HonorHealth <u>network providers</u> see www.honorhealth.com/locations Innovation Care Partners see www.innovationcarepartners.com/physiciansearch Blue Cross Blue Shield of Arizona <u>network providers</u>, see www.azblue.com/chsnetwork or call 1-602-231-8855. For Mayo Providers visit www.azblue.com/chsnetworkmayo.</p> <p>Yes, for behavioral: Magellan Behavioral Health <u>network providers</u>, see www.MagellanAscend.com or call 1-800-424-4138.</p> <p>Yes, for <u>prescription drugs</u>: OptumRx. For a list of retail and mail pharmacies, log on to www.optumrx.com or call 1-844-368-9854 Pre-certification: 1-800-711-4555 Optum Specialty Pharmacy: 1-855-427-4682 or www.specialty.optumrx.com</p> | <p>This <u>plan</u> uses a <u>provider network</u>. You will pay less if you use a <u>provider</u> in the <u>plan's network</u>. You will pay the most if you use an <u>out-of-network provider</u>, and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.</p> |
| Do you need a <u>referral</u> to see a <u>specialist</u>? | No. | You can see the <u>specialist</u> you choose without a <u>referral</u> . |

 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

| Common Medical Event | Services You May Need | What You Will Pay | | | Limitations, Exceptions, & Other Important Information |
|--|--|---|---|--|---|
| | | HonorHealth Network Provider (You will pay the least) | BCBSAZ Network Provider | Non-Network Provider (You will pay the most) | |
| If you visit a health care <u>provider's</u> office or clinic | Primary care visit to treat an injury or illness | 20% co-insurance after deductible | Pediatrician: 20% co-insurance after deductible Other PCP: Not covered | Not covered | Primary care providers include family/general practitioners, internists, and pediatricians. |

* For more information about limitations and exceptions, see the plan or policy document at www.MyAmeriBen.com.

| Common Medical Event | Services You May Need | What You Will Pay | | | Limitations, Exceptions, & Other Important Information |
|---------------------------|---|--|--|--|--|
| | | HonorHealth Network Provider (You will pay the least) | BCBSAZ Network Provider | Non-Network Provider (You will pay the most) | |
| | <u>Specialist visit</u> | 20% co-insurance after deductible | Not covered | Not covered | Specialist benefit for BCBSAZ network is available only upon approval by ICP. |
| | <u>Preventive care/screening/immunization</u> | No charge, deductible waived | No charge for lab fees ordered by a BCBSAZ physician Otherwise not covered* | Not covered | You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>Plan</u> will pay for. Calendar Year Maximum: One (1) exam per adult plan participant. *Wellness exams for children are only covered without cost sharing at a BCBSAZ provider when performed by a pediatrician. |
| If you have a test | <u>Diagnostic test</u> (x-ray, blood work) | 20% co-insurance after deductible | 20% co-insurance after deductible | Not covered | —————none————— |
| If you have a test | Imaging (CT/PET scans, MRIs) | Professional Fees: 20% co-insurance after deductible Facility Fees: 20% co-insurance after deductible | Professional Fees: 30% co-insurance after deductible Facility Fees: Not covered | Not covered | Pre-certification is required for MRI/MRA and PET scans. |

* For more information about limitations and exceptions, see the plan or policy document at www.MyAmeriBen.com.

| Common Medical Event | Services You May Need | What You Will Pay | | | Limitations, Exceptions, & Other Important Information |
|--|---------------------------|--|-------------------------|---|--|
| | | HonorHealth Network Provider (You will pay the least) | BCBSAZ Network Provider | Non-Network Provider (You will pay the most) | |
| <p>If you need drugs to treat your illness or condition</p> <p>More information about <u>prescription drug coverage</u> is available at www.optumrx.com</p> | Generic drugs | <p>Retail Generic Preventive Drugs, 30-Day Supply: No charge after deductible</p> <p>Retail Generic Drugs, 30-Day Supply: \$15 co-payment after deductible</p> <p>Mail Generic Preventive Drugs, 90-Day Supply: No charge after deductible</p> <p>Walgreens Retail 90 Program and Mail Order Generic Drugs, 90-Day Supply: \$37.50 co-payment after deductible</p> | | Not Covered | <p>Not all <u>prescription drugs</u> are covered. To determine if a specific drug is covered under your <u>plan</u>, log into your account at www.optumrx.com or call 1-844-368-9854.</p> <p>Your pharmacy benefit plan includes special coverage for preventive medications. These medications help protect against or manage medical conditions such as diabetes, hypertension, asthma, and depression.</p> |
| | Preferred brand drugs | <p>Retail Preferred Brand Drugs, 30-Day Supply: 35% co-insurance after deductible Minimum: \$40 Maximum: \$100</p> <p>Walgreens Retail 90 Program and Mail Order Preferred Brand Drugs, 90-Day Supply: 35% co-insurance after deductible Minimum: \$100 Maximum: \$250</p> | | Not Covered | <p>Prior authorizations, quantity limits and step therapy may apply to certain drugs.</p> <p>Dispense as Written (DAW) penalty: If you choose a brand drug when a generic equivalent drug is available you may pay the applicable brand copay or coinsurance plus the difference in cost between the brand drug and generic drug. The penalty does not apply toward your <u>out-of-pocket limit</u>. If drug cost is less than co-payment, you pay just the drug cost.</p> |
| | Non-preferred brand drugs | <p>Retail Non-Preferred Brand Drugs, 30-Day Supply: 60% co-insurance after deductible Minimum: \$125</p> <p>Walgreens Retail 90 Program and Mail Order Non-Preferred Brand Drugs, 30-Day Supply: Walgreens and Optum Mail: Participant pays 100% co-insurance after deductible at discounted cost</p> | | Not Covered | <p>Walgreens Retail 90 Program: 90-day maintenance medications will only be covered when filled at Walgreens retail pharmacy or OptumRx Mail Order. Maintenance medications are those you take regularly.</p> |

* For more information about limitations and exceptions, see the plan or policy document at www.MyAmeriBen.com.

| Common Medical Event | Services You May Need | What You Will Pay | | | Limitations, Exceptions, & Other Important Information |
|--|--|--|--|--|--|
| | | HonorHealth Network Provider (You will pay the least) | BCBSAZ Network Provider | Non-Network Provider (You will pay the most) | |
| <p>If you need drugs to treat your illness or condition More information about <u>prescription drug coverage</u> is available at www.optumrx.com</p> | <u>Specialty drugs</u> | <p>30-Day Supply: 30% co-insurance after deductible Minimum: \$60 Maximum: \$150</p> | | Not Covered | <p><u>Specialty Drugs</u> are not covered unless obtained through OptumRx Specialty Pharmacy. Call 1-855-427-4682 or visit www.specialty.optumrx.com for prior approval. Some specialty drugs can be obtained through HonorHealth Specialty Pharmacy.</p> |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | 20% co-insurance after deductible | Not covered | Not Covered | Pre-certification is required. |
| | Physician/surgeon fees | 20% co-insurance after deductible | 30% co-insurance after deductible | Not Covered | _____none_____ |
| If you need immediate medical attention | <u>Emergency room care</u> | 20% co-insurance after deductible | 20% co-insurance after deductible | 20% co-insurance after deductible | _____none_____ |
| | <u>Emergency medical transportation</u> | <p>Initial Transport: 25% co-insurance after deductible</p> <p>Inter-Facility Transport: No charge</p> | <p>Initial Transport: 25% co-insurance after deductible</p> <p>Inter-Facility Transport: No charge</p> | <p>Initial Transport: 25% co-insurance after deductible</p> <p>Inter-Facility Transport: No charge</p> | <u>Non-network</u> ambulance charges apply to <u>network out-of-pocket limit</u> . |
| | <u>Urgent care</u> | 20% co-insurance after deductible | 20% co-insurance after deductible | Not covered | _____none_____ |
| If you have a hospital stay | Facility fee (e.g., hospital room) | Elective Admission: 20% co-insurance | Elective Admission: Not covered | Elective Admission: | Calendar Year Maximum: Inpatient <u>rehabilitation services</u> one hundred twenty (120) days per plan |

* For more information about limitations and exceptions, see the plan or policy document at www.MyAmeriBen.com.

| Common Medical Event | Services You May Need | What You Will Pay | | | Limitations, Exceptions, & Other Important Information |
|--|---|--|--|---|--|
| | | HonorHealth Network Provider (You will pay the least) | BCBSAZ Network Provider | Non-Network Provider (You will pay the most) | |
| | | after deductible Emergency Admission: 20% co-insurance after deductible | Emergency Admission: 30% co-insurance after deductible | Not covered Emergency Admission: 30% co-insurance after deductible | participant. Pre-certification is required. |
| | Physician/surgeon fees | 20% co-insurance after deductible | 30% co-insurance after deductible | Not covered | —————none————— |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | Behavioral Network Provider: 20% co-insurance after deductible | | Not covered | Outpatient visits to a <u>non-network provider</u> may be subject to retrospective review for <u>medical necessity</u> . Includes intensive outpatient services. |
| | Inpatient services | Behavioral Network Facility: 20% co-insurance after deductible | | Not covered | Pre-certification is required for inpatient admissions, partial <u>hospitalization</u> , and residential treatment. |
| If you are pregnant | Office visits | No charge after deductible | Not covered | Not covered | <u>Cost sharing</u> does not apply for <u>preventive services</u> . Depending on the type of services, a <u>co-insurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). |
| | Childbirth/delivery professional services | 20% co-insurance after deductible | Not covered | Not covered | Benefit Maximum: One (1) breast pump per pregnancy. Pre-certification is required for breast pumps in excess of \$1,000. |
| | Childbirth/delivery facility services | 20% co-insurance after deductible | Not covered | Not covered | Pre-certification is required if admission is longer than forty-eight (48) hours for vaginal delivery or ninety-six (96) hours for C-section. |
| If you need help recovering or | <u>Home health care</u> | 20% co-insurance after deductible | 30% co-insurance after deductible | Not covered | Pre-certification is required. |

* For more information about limitations and exceptions, see the plan or policy document at www.MyAmeriBen.com.

| Common Medical Event | Services You May Need | What You Will Pay | | | Limitations, Exceptions, & Other Important Information | |
|---|-----------------------------------|---|---|--|--|---|
| | | HonorHealth Network Provider (You will pay the least) | BCBSAZ Network Provider | Non-Network Provider (You will pay the most) | | |
| have other special needs | <u>Rehabilitation services</u> | 20% co-insurance after deductible | 20% co-insurance after deductible | Not covered | Pre-certification is required for speech therapy. Pre-certification is required for physical and occupational therapy in excess of twenty (20) visits. | |
| If you need help recovering or have other special needs | <u>Habilitation services</u> | 20% co-insurance after deductible | Not covered | Not covered | Habilitation services are covered only for Applied Behavioral Analysis (ABA) Therapy for autism. Pre-certification is required for speech therapy. Pre-certification is required for physical and occupational therapy in excess of twenty (20) visits. | |
| | <u>Skilled nursing care</u> | 20% co-insurance after deductible | 30% co-insurance after deductible | Not covered | Calendar Year Maximum: One hundred twenty (120) days per plan participant. Pre-certification is required. | |
| | <u>Durable medical equipment</u> | DME: 25% co-insurance after deductible | DME: 25% co-insurance after deductible | Not covered | Not covered | Some diabetic supplies are covered under the pharmacy benefits. Pre-certification is required for insulin pumps in excess of \$1,000. |
| | | Diabetic Equipment: 20% co-insurance after deductible | Diabetic Equipment: 20% co-insurance after deductible | | | Pre-certification is required for <u>durable medical equipment</u> in excess of \$1,000. |
| <u>Hospice services</u> | 20% co-insurance after deductible | 20% co-insurance after deductible | Not covered | Covered if terminally ill. | | |
| If your child needs dental or eye care | Children's eye exam | No charge during a <u>preventive care</u> office visit. | No charge during a PCP <u>preventive care</u> office visit. | Not covered | Covered for dependent children up to twenty-six (26) years. | |
| | Children's glasses | Not covered | Not covered | Not covered | —————none————— | |
| | Children's dental check-up | Not covered | Not covered | Not covered | —————none————— | |

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Non-emergency care
- Routine eye care

* For more information about limitations and exceptions, see the plan or policy document at www.MyAmeriBen.com.

- | | | |
|---|---|---|
| <ul style="list-style-type: none"> • Dental care • Long-term care | <ul style="list-style-type: none"> • when traveling outside the U.S. • Private-duty nursing | <ul style="list-style-type: none"> • Routine foot care • Weight loss programs |
|---|---|---|

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- | | | |
|--|---|---|
| <ul style="list-style-type: none"> • Acupuncture • Bariatric Surgery | <ul style="list-style-type: none"> • Chiropractic care • Hearing aids | <ul style="list-style-type: none"> • Infertility treatment |
|--|---|---|

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. You may also contact the Plan's COBRA Administrator at WEX, P.O. Box 869, Fargo, ND 58107-0869, 1-866-451-3399. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

You may also contact the third party administrator (TPA) to assist the plan administrator with claims adjudication. The TPA's name, address, and telephone number are:

AmeriBen
 Attention: Appeals Coordination
 P.O. Box 7186
 Boise, ID 83707
 1-602-231-8855

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-602-231-8855.
 Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-602-231-8855.
 Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-602-231-8855.
 Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-602-231-8855.

* For more information about limitations and exceptions, see the plan or policy document at www.MyAmeriBen.com.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

PRA Disclosure Statement: According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is **0938-1146**. The time required to complete this information collection is estimated to average **0.08** hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

* For more information about limitations and exceptions, see the plan or policy document at www.MyAmeriBen.com.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

| | |
|---|---------|
| ■ <u>The plan's overall deductible</u> | \$3,200 |
| ■ <u>Specialist cost sharing</u> | 20% |
| ■ <u>Hospital (facility) cost sharing</u> | 20% |
| ■ <u>Other cost sharing</u> | 20% |

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
 Diagnostic tests (*ultrasounds and blood work*)
 Specialist visit (*anesthesia*)

| | |
|---------------------------|-----------------|
| Total Example Cost | \$12,700 |
|---------------------------|-----------------|

In this example, Peg would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|----------------|
| Deductibles | \$3,200 |
| Copayments | \$10 |
| Coinsurance | \$1,800 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$20 |
| The total Peg would pay is | \$5,030 |

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

| | |
|---|---------|
| ■ <u>The plan's overall deductible</u> | \$3,200 |
| ■ <u>Specialist cost sharing</u> | 20% |
| ■ <u>Hospital (facility) cost sharing</u> | 20% |
| ■ <u>Other cost sharing</u> | 20% |

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
 Diagnostic tests (*blood work*)
 Prescription drugs
 Durable medical equipment (*glucose meter*)

| | |
|---------------------------|----------------|
| Total Example Cost | \$5,600 |
|---------------------------|----------------|

In this example, Joe would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|----------------|
| Deductibles | \$2,300 |
| Copayments | \$0 |
| Coinsurance | \$0 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$0 |
| The total Joe would pay is | \$2,300 |

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

| | |
|---|---------|
| ■ <u>The plan's overall deductible</u> | \$3,200 |
| ■ <u>Specialist cost sharing</u> | 10% |
| ■ <u>Hospital (facility) cost sharing</u> | 10% |
| ■ <u>Other cost sharing</u> | 10% |

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
 Diagnostic test (*x-ray*)
 Durable medical equipment (*crutches*)
 Rehabilitation services (*physical therapy*)

| | |
|---------------------------|----------------|
| Total Example Cost | \$2,800 |
|---------------------------|----------------|

In this example, Mia would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|----------------|
| Deductibles | \$2,800 |
| Copayments | \$0 |
| Coinsurance | \$0 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$0 |
| The total Mia would pay is | \$2,800 |

The plan would be responsible for the other costs of these EXAMPLE covered services.