Coverage for: Individual and Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-480-583-4588 or visit www.MyAmeriBen.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.MyAmeriBen.com</u> or call 1-480-583-4588 to request a copy.

Important Questions	Answers			Why This Matters:
NAME AS ALL HIS		HonorHealth and BCBSAZ	Non-Network	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have
What is the overall deductible?	Per participant:	\$500	Unlimited	other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of
	Per family:	\$1,000	Unlimited	deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	vered before you  Yes. Network preventive services, prescription drugs, breast  numps/supplies, and services requiring a co-payment		This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> .  See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .	
Are there other deductibles for specific services?	No.			You don't have to meet <u>deductibles</u> for specific services.
What is the out-of-pocket		HonorHealth and BCBSAZ	Non-Network	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> ,
limit for this plan?	Per participant:	\$6,450	Unlimited	they have to meet their own out-of-pocket limits until the overall
	Per family:	\$12,900	Unlimited	family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance-billed charges, health care expenses this plan does not cover, charges in excess of annual maximum benefits, a penalty for failure to obtain precertification, and non-network cost sharing (except for emergency) do not count toward the out-of-pocket limit.			Even though you pay these expenses, they don't count toward the out-of-pocket limit.

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network provider</u> ?	Yes, for medical: HonorHealth network providers see www.honorhealth.com/locations Innovation Care Partners see www.innovationcarepartners.com/physiciansearch. Blue Cross Blue Shield of Arizona network providers, see www.azblue.com/chsnetwork or call 1-602-231-8855. For Mayo Providers visit www.azblue.com/chsnetworkmayo.  Yes, for behavioral: Magellan Behavioral Health network providers, see www.MagellanAscend.com or call 1-800-424-4138.  Yes, for prescription drugs: OptumRx. For a list of retail and mail pharmacies, log on to www.optumrx.com or call 1-844-368-9854 Pre-certification: 1-800-711-4555 Optum Specialty Pharmacy: 1-855-427-4682 or www.specialty.optumrx.com	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

			What You Will Pay			
Common Medical Event	Services You May Need	HonorHealth Network Provider (You will pay the least)	BCBSAZ Network Provider	Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
if you visit a	Primary care visit to treat an injury or illness	\$25 co-payment, deductible waived	\$40 co-payment, deductible waived	Not covered	The <u>co-payment</u> applies to the office visit and office consultations only. <u>Co-payments</u> are applied per visit	
health care provider's office or clinic	Specialist visit	\$60 co-payment, deductible waived	If Specialty Not in HonorHealth Network: \$60 co-payment,	Not covered	Primary care providers include family/general practitioners, internists, and pediatricians.	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.MyAmeriBen.com</u>.

			What You Will Pay		
Common Medical Event	Services You May Need	HonorHealth Network Provider (You will pay the least)	BCBSAZ Network Provider	Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
			deductible waived  If Specialty in		
			HonorHealth Network: \$125 co-payment, deductible waived		
If you visit a	Preventive	No alcono	No alcono		You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>Plan</u> will pay for.
health care provider's office or clinic	care/screening/ immunization	No charge, deductible waived	No charge, deductible waived*	Not covered	Calendar Year Maximum: One (1) exam per adult plan participant.
					*Wellness exams for children are only covered without cost sharing at a BCBSAZ provider when performed by a pediatrician.
	<u>Diagnostic test</u> (x-ray, blood work)	\$20 co-payment, deductible waived	Lab: \$20 co-payment, deductible waived  X-ray: 25% co-insurance, deductible waived	Not covered	<u>Co-payments</u> are applied per visit.
If you have a test	Imaging	Professional Fees: 85% co-insurance,	Professional Fees: 70% co-insurance, deductible waived		Depending on the type of services, a <u>co-payment</u> , <u>co-insurance</u> , or <u>deductible</u> may apply. Professional fees may include tests and services described elsewhere
	(CT/PET scans, MRIs)     deductible waived	Facility Fees: \$200 co-payment, then 50% co- insurance, deductible waived	in the SBC (i.e. hospital stay, outpatient surgery, etc.).  Pre-certification is required for MRI/MRA and PET scans.		

 $<sup>\</sup>hbox{$^*$ For more information about limitations and exceptions, see the $\underline{\text{plan}}$ or policy document at $\underline{\text{www.MyAmeriBen.com}}$.}$ 

		V	Vhat You Will Pay		
Common Medical Event	Services You May Need	HonorHealth Network Provider (You will pay the least)	BCBSAZ Network Provider	Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.optumrx.com	Generic drugs	Retail Generic Preventive No charge, dedu Retail Generic Drug \$15 co-payment, d  Mail Order Generic 90-Day S No charge, dedu Walgreens Retail 90 Pro Generic Drugs, 9 \$37.50 co-payment,	uctible waived  Jes, 30-Day Supply: leductible waived  Preventive Drugs, Supply: luctible waived  Ogram and Mail Order  Ogray Supply:	Not Covered	Not all <u>prescription drugs</u> are covered. To determine if a specific drug is covered under your <u>plan</u> , log into your account at <u>www.optumrx.com</u> or call 1-844-368-9854.  Your pharmacy benefit plan includes special coverage for <b>preventive medications</b> . These medications help protect against or manage medical conditions such as diabetes,
	Preferred brand drugs	Retail Preferred Brand Drugs, 30-Day Supply:  35% co-insurance, deductible waived Minimum: \$40 Maximum: \$100  Walgreens Retail 90 Program and Mail Order Preferred Brand Drugs, 90-Day Supply:  35% co-insurance, deductible waived Minimum: \$100 Maximum: \$250  Retail Non-Preferred Brand Drugs, 30-Day Supply:  60% co-insurance, deductible waived Minimum: \$125  Walgreens Retail 90 Program and Mail Order Non-Preferred Brand Drugs, 90-Day Supply: Walgreens and Optum Mail: Participant pays 100% co-insurance at discounted cost, deductible waived		Not Covered	hypertension, asthma, and depression.  Prior authorizations, quantity limits and step therapy may apply to certain drugs.  Dispense as Written (DAW) penalty: If you choose a brand drug when a generic equivalent drug is available, you may pay the applicable brand copay or coinsurance plus the difference in cost between the brand drug and generic drug. The penalty does not apply toward your out-of-pocket limit. If drug cost is less than co-payment,
	Non-preferred brand drugs			Not Covered	you pay just the drug cost.  Walgreens Retail 90 Program: 90-day maintenance medications will only be covered when filled at Walgreens retail pharmacy or OptumRx Mail Order. Maintenance medications are those you take regularly.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.MyAmeriBen.com</u>.

Common Medical Event	Services You May Need	HonorHealth Network Provider (You will pay the least)  BCBSAZ Network Provider		Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.optumrx.com	Specialty drugs	<b>30-Day Supply:</b> 30% co-insurance, deductible waived Minimum: \$60 Maximum: \$150		Not Covered	Specialty Drugs are not covered unless obtained through OptumRx Specialty Pharmacy. Call 1-855-427-4682 or visit <a href="https://www.specialty.optumrx.com">www.specialty.optumrx.com</a> for prior approval. Some specialty drugs can be obtained through HonorHealth Specialty Pharmacy.
If you have	Facility fee (e.g., ambulatory surgery center)	15% co-insurance after deductible	50% co-insurance after deductible	Not covered	Pre-certification is required.
outpatient surgery	Physician/surgeon fees	15% co-insurance after deductible	30% co-insurance after deductible	Not covered	none
	Emergency room care	\$300 co-payment, deductible waived	\$300 co-payment, deductible waived	\$300 co-payment, deductible waived	Co-payments are applied per visit. Co-payment waived if hospitalized as inpatient after twenty-four (24) hours.
If you need immediate medical attention	Emergency medical transportation	Initial transport: 25% co-insurance, deductible waived Inter-facility transport: No charge, deductible waived	Initial transport: 25% co-insurance, deductible waived Inter-facility transport: No charge, deductible waived	Initial transport: 25% co-insurance, deductible waived Inter-facility transport: No charge, deductible waived	Non-network ambulance charges apply to network out-of-pocket limit.
	<u>Urgent care</u>	\$35 co-payment, deductible waived	\$60 co-payment, deductible waived	Not covered	Co-payments are applied per visit.

 $<sup>^{\</sup>star} \ \text{For more information about limitations and exceptions, see the } \underline{\text{plan}} \ \text{or policy document at } \underline{\text{www.MyAmeriBen.com}}.$ 

			What You Will Pay		
Common Medical Event	Services You May Need	HonorHealth Network Provider (You will pay the least)	BCBSAZ Network Provider	Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have a hospital stay	Facility fee (e.g., hospital room)	Elective Admission: 15% co-insurance after deductible Emergency Admission: 15% co-insurance after deductible	Elective Admission: 50% co-insurance after deductible  Emergency Admission: 15% co-insurance after deductible	Elective Admission: Not covered Emergency Admission: 15% co-insurance after deductible	Calendar Year Maximum: Inpatient rehabilitation services one hundred twenty (120) days per plan participant.  Pre-certification is required.
	Physician/ surgeon fees	15% co-insurance after deductible	30% co-insurance after deductible	Not covered	none
If you need mental health, behavioral	Outpatient services	Behavioral Netv \$20 co-payment, d		Not covered	<u>Co-payments</u> are applied per visit. Includes intensive outpatient services.
health, or substance abuse services	Inpatient services	Behavioral Network Facility: 15% co-insurance after deductible		Not covered	<b>Pre-certification is required</b> for inpatient admissions, partial hospitalization, and residential treatment.
If you are	Office visits	No charge, deductible waived	No charge, deductible waived	Not covered	Cost sharing does not apply for preventive services. Depending on the type of services, a co-payment, co-insurance, or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).  Benefit Maximum:
pregnant	Childbirth/ delivery professional services	15% co-insurance after deductible	30% co-insurance after deductible	Not covered	One (1) breast pump per pregnancy.  Pre-certification is required for breast pumps in excess of \$1,000.
	Childbirth/ delivery facility services	15% co-insurance after deductible	50% co-insurance after deductible	Not covered	<b>Pre-certification is required</b> if admission is longer than forty-eight (48) hours for vaginal delivery or ninety-six (96) hours for C-section.

 $<sup>^{\</sup>star}$  For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.MyAmeriBen.com</u>.

			What You Will Pay		
Common Medical Event	Services You May Need	HonorHealth Network Provider (You will pay the least)	BCBSAZ Network Provider	Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	15% co-insurance, deductible waived	30% co-insurance, deductible waived	Not covered	Pre-certification is required.
	Rehabilitation services	\$20 co-payment, deductible waived	\$20 co-payment, deductible waived	Not covered	Co-payments are applied per visit for outpatient services.  Pre-certification is required for speech therapy.  Pre-certification is required for physical and occupational therapy in excess of twenty (20) visits.
If you need help	vering or e other	\$20 co-payment, deductible waived	Not covered	Not covered	Habilitation services are covered only for Applied Behavioral Analysis (ABA) Therapy for autism.  Pre-certification is required for speech therapy.  Pre-certification is required for physical and occupational therapy in excess of twenty (20) visits.
recovering or have other special needs		15% co-insurance after deductible	25% co-insurance after deductible	Not covered	Calendar Year Maximum: One hundred twenty (120) days per plan participant.  Pre-certification is required.
	Durable medical equipment	<b>DME:</b> 25% co-insurance, deductible waived	<b>DME:</b> 25% co-insurance, deductible waived	Not covered	Some diabetic supplies are covered under the pharmacy benefits.  Pre-certification is required for insulin pumps in
		Diabetic Equipment: 10% co-insurance, deductible waived	Diabetic Equipment: 10% co-insurance, deductible waived		excess of \$1,000.  Pre-certification is required for durable medical equipment in excess of \$1,000.
	Hospice services	25% co-insurance after deductible	25% co-insurance after deductible	Not covered	Covered if terminally ill.

 $<sup>^{\</sup>star}$  For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.MyAmeriBen.com</u>.

		What You Wi			
Common Medical Event	Services You May Need	HonorHealth Network Provider (You will pay the least)	BCBSAZ Network Provider	Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
Marin abild	Children's eye exam	No charge during a PCP preventive care visit	No charge during a PCP preventive care visit	Not covered	Covered for dependent children up to twenty-six (26) years.
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	Not covered	none
	Children's dental check-up	Not covered	Not covered	Not covered	none

### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care
- Long-term care

- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

- Routine eye care
- Routine foot care
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture
- Bariatric Surgery

- Chiropractic care
- Hearing aids

Infertility treatment

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. You may also contact the Plan's COBRA Administrator at WEX, P.O. Box 869, Fargo, ND 58107-0869, 1-866-451-3399. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="https://www.HealthCare.gov">Marketplace</a>. For more information about the <a href="https://www.HealthCare.gov">Marketplace</a>, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.MyAmeriBen.com.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

You may also contact the third party administrator (TPA) to assist the plan administrator with claims adjudication. The TPA's name, address, and telephone number are:

AmeriBen

Attention: Appeals Coordination

P.O. Box 7186 Boise, ID 83707 1-602-231-8855

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-602-231-8855.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-602-231-8855.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-602-231-8855.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-602-231-8855.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.MyAmeriBen.com.

## **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and excluded services under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$500
■ Specialist co-payment	\$60
■ Hospital (facility) cost sharing	15%
■ Other cost sharing	15%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

<b>Total Example Cost</b>	\$12,700
In this example Dea would nave	

m the example, i eg wedia pay.						
Cost Sharing	Cost Sharing					
Deductibles	\$500					
Copayments	\$100					
Coinsurance	\$1,400					
What isn't covered						
Limits or exclusions	\$20					
The total Peg would pay is	\$2,020					

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u> ■ Specialist <u>co-payment</u>	\$500 \$60
■ Other cost sharing	15%

### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600

# In this example, Joe would pay:

Cost Sharing		
Deductibles	\$0	
Copayments	\$400	
Coinsurance	\$100	
What isn't covered		
Limits or exclusions	\$0	
The total Joe would pay is	\$500	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$500
■ Specialist co-payment	\$60
■ Hospital (facility) cost sharing	15%
■ Other cost sharing	15%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)

Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

### In this example, Mia would pay:

Cost Sharing		
Deductibles	\$0	
Copayments	\$600	
Coinsurance	\$300	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$900	