



Special Health Care Needs Benefit

For the over 7 million people in the U.S. with intellectual or developmental disabilities, visiting the dentist for oral health care can be overwhelming or even inaccessible.¹ Delta Dental of Arizona is changing that by giving children and adults with special health care needs access to increased benefits.²

What is included in this benefit?

If you or a covered family member are diagnosed with special health care needs that significantly impair your ability to get routine covered dental services, you may be eligible for additional services, including:

- Additional visits, consultations and/or exams
- Up to four total dental cleanings per benefit year
- Treatment delivery modifications, which may include limited anesthesia, when necessary for dental staff to provide oral health care

What kind of special health care needs does this benefit cover?

People with any physical, developmental, mental, sensory, behavioral, cognitive or emotional impairment or a limiting condition requiring medical management, health care intervention, and/or the use of specialized services or programs may be eligible for additional services.⁴ This includes:

- Intellectual and neurodevelopmental disabilities
- Environmental or congenital injuries leading to disability
- Chromosomal abnormalities
- Syndromes or sequences with craniofacial or airway abnormalities
- Other sequences that require special dental care needs
- Any other syndrome, sequence, or abnormality that limits the ability to perform daily self-care or creates substantial limitations in a major life activity

How do I use this benefit?

Let your dentist know that you or a family member have a qualifying special health care need and that your dental plan includes the special health care needs benefit. To help your dentist better understand the benefit and how to bill Delta Dental of Arizona for services provided, we suggest you take the attached "Special Health Care Needs Benefit - Dentist Instructions" flyer to your next dental visit.³

You can also scan the QR code to download the flyer:



deltadentalaz.com

¹University of Minnesota Residential Information Systems Project, "People with IDD in the United States". Retrieved from: <https://risp.umn.edu>

²The special health care needs benefit is a standard benefit on most group and individual dental plans administered by Delta Dental of Arizona. Exceptions may apply, so check with your benefits administrator or your plan documentation to confirm this benefit is included in your dental plan.

³The special health care needs benefit provides coverage for qualifying members who receive eligible services April 1, 2024 and later.

⁴People with anxiety, depression, or a fear of dentists or dental treatment (odontophobia) are not eligible for the special health care needs benefit.



Beneficio para necesidades médicas especiales

Para los más de 7 millones de personas en los Estados Unidos con discapacidades intelectuales o del desarrollo, visitar al dentista para recibir atención de salud oral puede ser abrumador o incluso inaccesible¹. Delta Dental de Arizona está cambiando eso al dar a los niños y adultos con necesidades médicas especiales acceso a beneficios incrementados².

¿Qué se incluye en este beneficio?

Si se le diagnostican a usted, o a un familiar con cobertura, alguna necesidad especial de atención médica que perjudica la capacidad de recibir servicios dentales rutinarios cubiertos, puede ser elegible a recibir servicios adicionales, incluso:

- Visitas, consultas y/o exámenes adicionales
- Hasta cuatro limpiezas dentales por año de beneficio
- Adaptaciones a la administración del tratamiento, que podrían incluir anestesia limitada, cuando sea necesario para que el personal dental proporcione atención de salud oral

¿Qué tipo de necesidad médica especial se cubre con este beneficio?

Personas con cualquier impedimento físico, de desarrollo, mental, sensorial, conductual, deterioro cognitivo o emocional, o una condición limitante que requiera gestión e intervención de atención médica y/o el uso de servicios o programas especializados pueden ser elegibles para servicios adicionales⁴. Estos incluyen:

- Discapacidades intelectuales y del neurodesarrollo
- Lesiones ambientales o congénitas que provocan discapacidad
- Anomalías cromosómicas
- Síndromes o secuencias con anomalías craneofaciales o de las vías respiratorias
- Otras secuencias que requieren atención especial de cuidado bucal
- Cualquier otro síndrome, secuencia o anomalía que limite la capacidad de realizar el cuidado personal diario o provoca limitaciones sustanciales en una actividad importante de la vida

¿Cómo se usa este beneficio?

Infórmele a su dentista que usted o un miembro de su familia tiene una necesidad médica especial calificada y que su plan dental incluye el beneficio para las necesidades médicas especiales. Para ayudar a su dentista a saber más sobre el beneficio y cómo facturar a Delta Dental de Arizona por los servicios prestados, le sugerimos que lleve el folleto anexo a su próxima visita dental, que incluye información sobre el beneficio e instrucciones para dentistas³.

También se puede escanear el código QR para descargar el folleto:



 **DELTA DENTAL**[®]

deltadentalaz.com

¹Proyecto de Sistemas de Información Residencial de la Universidad de Minnesota, "Personas con IDD en los Estados Unidos". Recuperado de: <https://risp.umn.edu>

²El beneficio de necesidades médicas especiales es un beneficio estándar en la mayoría de los planes dentales grupales e individuales administrados por Delta Dental de Arizona. Pueden aplicarse excepciones, así que consulte con su administrador de beneficios o la documentación de su plan para confirmar que este beneficio está incluido en su plan dental.

³El beneficio de necesidades médicas especiales proporciona cobertura para los miembros que califican y que reciben servicios elegibles a partir del 1 de abril de 2024.

⁴Las personas con ansiedad, depresión o miedo a los dentistas o al tratamiento dental (odontofobia) no son elegibles para el beneficio para necesidades médicas especiales.

SPECIAL HEALTH CARE NEEDS BENEFIT

Dentist Instructions

For the over 7 million people in the U.S. with intellectual or developmental disabilities, visiting the dentist for oral health care can be overwhelming or even inaccessible.¹ Together, we can change that.



You are receiving this information because you may have a patient with a qualifying special health care need.² Delta Dental of Arizona provides additional dental benefits to help care for these individuals. Information about this benefit and how to submit claims is outlined below.

What is included in this benefit?

1. **Exams:** Additional dental visits are covered, if needed to help patients understand what to expect prior to treatment. Procedure codes: D0120, D0145, D0150, D0160 and D0180.
2. **Cleanings:** Up to four dental cleanings in a benefit year. Procedure codes: D1110, D1120, D4346, D4355 and D4910.
3. **Treatment delivery modifications** necessary for dental staff to provide oral health care for patients with sensory sensitivities, behavioral challenges or other barriers to treatment. Procedure code: D9997.
4. **The use of anesthesia** when necessary to provide dental care. Procedure codes: D9222, D9223, D9230, D9239, D9243.

Benefit Verification

Before rendering services, check the member's eligibility in the Dental Office Toolkit at deltadentalaz.com/dentist. If the member's plan includes this benefit, it will typically be noted in the Exclusions and Limitations section of the member details and benefits. *Note: There is no age limit for the special health care needs benefit.*

Submitting Claims

Once the benefit is verified, include procedure code D9997 (Dental Case Management – patient with special health care needs) on the claim, along with any other services that were rendered. Don't forget to include a narrative noting the qualifying condition.

FREE Continuing Education Series for Dental Staff



Penn Dental Medicine created a free continuing education series aimed at building awareness of—and to help provide access to—oral health care for individuals with disabilities. Scan the QR code or visit www.dental.upenn.edu/disabilitiescare to learn more.



¹University of Minnesota Residential Information Systems Project. "People with IDD in the United States". Retrieved from: <https://risp.umn.edu>
²People with any physical, developmental, mental, sensory, behavioral, cognitive or emotional impairment or a limiting condition requiring medical management, health care intervention, and/or the use of specialized services or programs may be eligible for additional services. People with anxiety, depression, or a fear of dentists or dental treatment (odontophobia) are not eligible for the special health care needs benefit.