

NEW BENEFIT: LYRA HEALTH

Available to all HonorHealth employees and dependents May 1, 2024

HonorHealth wants to care for you like you care for your patients.

HonorHealth is excited to announce the launch of Lyra Health, your personalized mental health benefit. No matter what you're going through—coping with stress, managing anxiety or depression, navigating relationship issues, or whatever else life brings—personalized mental health care from Lyra will help you feel your best.

FAST ACCESS

Sign up at honorhealth.lyrahealth.com and download the Lyra Health app for easy access to high-quality providers.

HIGH-QUALITY PROVIDERS

Lyra's expert mental health providers are custom matched to you to meet your unique needs.

FLEXIBLE OPTIONS

Meet with Lyra's mental health providers in person or online—whatever works best for your schedule.

SELF-CARE RESOURCES

Gain unlimited access to a library of videos, meditations, soundscapes, and breathing exercises.

As a reminder, medical plan members will continue to have access to Magellan's Behavioral Health services. If you are currently seeking care through ComPsych or have received an initial referral on or before April 30, 2024, you will still have access to your 3 sessions with ComPsych.

Want to be the first to know? Scan the QR code to add yourself to the waitlist and get notified as soon as it's available!

