# Health Plan Care Navigator What is a Care Navigator?

Navigating the healthcare system can be confusing. Between deciding where to go, and how your benefits work, there can be a lot of unanswered questions.

Your Health Plan Care Navigator is here to ensure that you will always have someone by your side while you NAVIGATE your healthcare journey.

Your Care Navigator offers specialized assistance to members of your HonorHealth Employee health plan. The Care Navigator can offer you personal assistance with your healthcare choices. From scheduling appointments real-time with primary care physicians, to helping you obtain a prior authorization status, they are here to help.



Dineatra is your designated Health Plan Care Navigator, and she can be contacted directly. Give Dineatra a call and discover what she can do for YOU.

**Dineatra Webster** Health Plan Care Navigator



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## Stay Connected

Your Health Plan Care Navigator is available to provide you and your family members enrolled in an HonorHealth medical plan personalized assistance with:

- Primary care physician and specialist search
- Primary care physician & specialist appointment scheduling
- Pre-certification and prior-authorization status and assistance





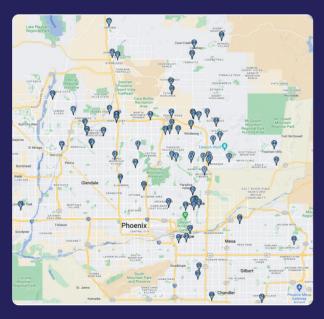
## Start a Healthy Relationship

#### Choose a primary care provider today.

Having a primary care provider (PCP) is one of the best ways to get and stay healthier. Not only will he or she get to know you and your health history, but annual preventive care visits with your PCP can help detect and treat health issues before they become bigger ones.

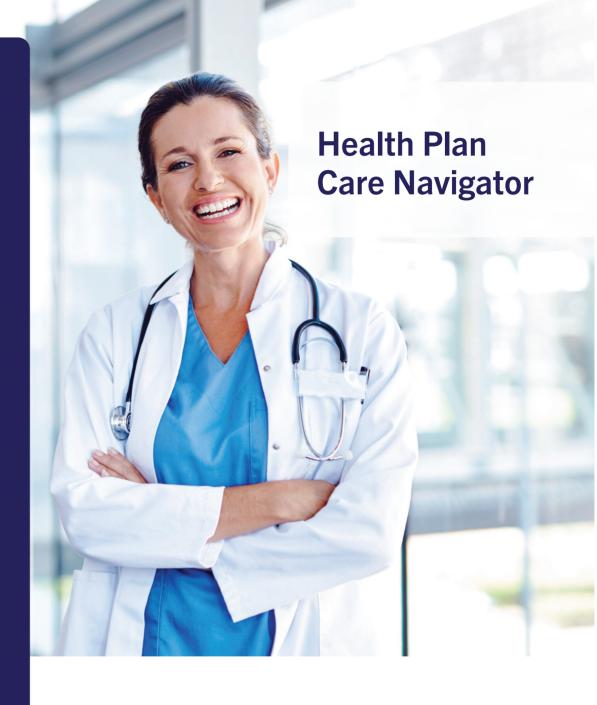
#### Visit www.icphealth.com to view a list of PCPs near YOU.

Working with an ICP PCP is the best way to ensure coordination of care. Your PCP will partner with your Care Navigator and a team of in-network specialists to get you the care that you need. Although you may be seeing a specialist, selecting a PCP is highly recommended.



### Contact Us

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