

Rediscover your passion for health with One Pass Select

One Pass Select™ can help you reach your fitness goals while finding new passions along the way. Find a routine that's right for you whether you work out at home or at the gym. Choose a membership tier that fits your lifestyle and provides everything you need for whole body health in one easy, affordable plan. You and your eligible family members or friends can get started with One Pass Select today.

Find your fit with One Pass Select:



At the gym

Choose from our large nationwide network of gym brands and local fitness studios. Use any gym in the network and create a routine just for you.



At home

Work out at home with live or on-demand online fitness classes. Try the workout builder to get routines created just for you, no matter what your fitness level and interests are.



In the kitchen

Get groceries and household essentials delivered to your home. One Pass Select makes it easy to plan for everything you need to enjoy delicious, nutritious meals.

Category	Digital	Classic	Standard	Premium	Elite
Monthly fee*	\$10	\$29	\$64	\$99	\$144
Gym network size	N/A (online fitness classes)	11,000+ gym locations	12,000+ gym and premium locations	14,000+ gym and premium locations	16,000+ gym and premium locations
Grocery delivery	✗	✓	✓	✓	✓

*A one-time enrollment fee will apply.



Learn more and enroll today
at **OnePassSelect.com**

One Pass Select is a voluntary program featuring a subscription-based nationwide gym network, digital fitness and grocery delivery service. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. Individuals should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for them. Purchasing discounted gym and fitness studio memberships, digital fitness or grocery delivery services may have tax implications. Employers and individuals should consult an appropriate tax professional to determine if they have any tax obligations with respect to the purchase of these discounted memberships or services under this program, as applicable.

UMR ONE PASS SELECT FAQs



One Pass Select can help you reach your fitness goals while finding new passions along the way.

Find answers to common questions here.

Q: Is this program available to all team members, regardless of medical plan enrollment?

A: No, you must be enrolled in one of HonorHealth's Employee Medical Plans to access this program.

Q: What gym benefits come with each One Pass Select tier?

A: Each tier grants access to gyms at that level and below. Some gyms offer daycare services; contact the gym directly to confirm if they provide this benefit. Additional services, like massages or café access, are available at an extra cost, similar to what a regular member would pay.

Q: How do I use my One Pass Select to enter the gym?

A: After signing up on the One Pass Select website, you'll receive a five-digit code. The gym will set you up as a member during your first visit.

Q: Can I use an app to access the gym?

A: After setting up your account at the gym, you can use the gym's app. One Pass Select also has its own app, which helps you find gyms in your area. You must set up your account online before using this app.

Q: Are there limitations on how often I can use the gym?

A: Some gyms may limit the number of visits per month, depending on the location. These details are available in the app or on the website.

Q: The gym I want to use isn't listed. Can I add it?

A: Some gyms may opt out of the program. Check the website to verify. You can also nominate a gym. If enough people nominate it, UMR may contact the gym to explore adding it to the network.

Q: What happens if a gym in my tier leaves the One Pass network?

A: That member will have access to that gym until the end of the month unless otherwise notified.

Q: Can I add family members to my membership?

A: Yes, you can add family members to your membership, even if they are not on your medical plan.

Q: I already have a gym membership. Can I transfer it to One Pass Select?

A: No, you must cancel your current gym membership and pay any associated fees. Then, you can sign up for One Pass Select.

Q: Do I need to pay the gym's registration fees once I've been added as a member?

A: No, you do not need to pay additional registration fees once you've joined through One Pass Select.

Q: Can I change or cancel my membership at any time?

A: Yes, you can cancel your membership at any time by logging into your account settings. One Pass is billed in advance, so you must cancel at least 30 days ahead of your next billing date (first of the month).

